

“Talk Like a Leader... Why Not Make Communication Your Strong Suit?”

**Intensive communication learning session in follow-up to the
“Willing to Lead...Let’s Chart the Course” program**

Prior attendance at the Willing to Lead program is a pre-requisite

There is an epidemic of conflict avoidance in health care. It is the number one request that my clients over a 13 year span make to me as their coach or teacher: “How do I overcome my fear of conflict in order to address what I know needs to be addressed?”

This is the *second in a series* of leadership development programs designed for health care leaders in non-managerial roles, presented by Mary J. Connaughton RN, MS, Principal of *Connaughton Consulting*.

The goals of the program:

1. to identify personal barriers to effective communication and strategies to overcome them
2. to practice communication skills using current challenging people and situations
3. to improve communication effectiveness through expert coaching

The target audience:

Nurses and other health care leaders who have assumed informal leadership roles in their unit or department. The need for effective communication is high; real authority is low!

Program emphasis:

- Review and application of leadership principles and diagnostic tools from the Willing to Lead Program
- Identification of the most challenging communication situations and personality types
- Practicing communication skills supported by extensive group and individual coaching
- Individual action plan to address communication challenges “back home”

Mary is an experienced and highly regarded nurse consultant, executive coach and teacher. She creates a welcoming and confidential learning environment in which leaders from diverse roles and organizations have an opportunity to learn, share and network...and, most importantly, expand their leadership capability.

To learn more about this and other programs, please visit

www.connaughtonconsulting.com

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